

Lindsey Reisack
Cinzia Designs
Email: lreisack@cinziadesigns.com
Phone: 480-951-2149

STYLE AND PROTECT: CINZIA DESIGNS OFFERS TOP TIPS FOR PROTECTING YOUR EYES THIS SUMMER

-During Sun Safety Week, Cinzia Designs Founder Cynthia Shapiro Reveals the Importance in Protecting Your Eyes...In Style-

Scottsdale, AZ- June 2, 2009- [Cinzia Designs](#) announces the Top 5 Tips for protecting your eyes in style this summer. Each summer the Sun Safety Alliance designates a week to promote sun safety awareness. This year Sun Safety Week is June 1st through June 7th. In relation to the safety observance week, Cynthia Shapiro, optical industry expert and Founder of Cinzia Designs, stresses the importance of protecting your eyes from potential sun damage.

According to the Vision Learning Center, many problems can occur from long-term exposure to UV rays including cataracts, macular degeneration, scarring, or skin cancer. These defects can be avoided by following simple steps to protecting your eyes.

Cinzia Designs Founder Cynthia Shapiro reveals her “Top 5 Tips” to protect your eyes this summer:

1. **Make it an All Day Affair:** Sunglasses play an important role in protecting the eyes by filtering out harmful UV rays. This means glasses should be worn at all times when outdoors, even in the early morning or late afternoon hours. Even though the sun looks dim at these times it is still spouting out harmful rays.
2. **Go Big to Stay Young:** Large retro frames are in style right now and that is a good thing! The more area your glasses cover the better they will protect you from sun exposure. Oversized and wrap around frames not only look chic, but they can help fight off crow’s feet, freckles and other unsightly signs of aging.
3. **Check the Label:** When selecting a pair of sunglasses, make sure to pick a pair that filters 99 - 100% of UV light rays and does not distort vision. To ensure the most protection from UV rays, sunglasses will be marked with a sticker that tells you how much UV radiation they block. Cinzia Designs offers sun wear with polarized lenses and each pair is marked with a UV 400 sticker, which guarantees 99-100% UV light protection. Look for these labels on your sun wear.
4. **Don’t Discount Yourself:** It’s tempting to pick up a pair of knock-off Versace’s on Venice beach – but what are you really buying? Chances are those cheap copies offer little to no protection from the sun. Buying a quality pair of sunglasses doesn’t have to break your bank. Make sure to follow the guidelines above and you are all set.
5. **Keep a Special Frame in Mind:** Trends come and go, but you should select a style that truly suits your style and needs. You are much more likely to wear your sunglasses if you

feel and look great in your frames. Don't buy trendy glasses that you will never wear, and be sure to buy frames that are flattering to your face shape.

About Cinzia Designs:

Cinzia Designs is an innovative eyewear and accessories company based in Scottsdale, Arizona. A division of Europa International, Cinzia was founded in 2002, and draws on the unparalleled knowledge acquired from Europa founder Cynthia Shapiro's 30 plus years in the optical industry. Cinzia is sold in boutiques and stores throughout the United States and all over the world. Cynthia L. Shapiro is the head designer and President of Cinzia Designs. For more information please visit <http://www.cinziadesigns.com>

###